

World Autism Awareness Week

26 March - 2 April 2018

Autism Spectrum Disorder -ASD

What is Autism?

Autism is a lifelong, developmental disability that affects how a person communicates with and relates to other people, and how they experience the world around them.

Autism is a **spectrum** condition. All autistic people share certain difficulties, but being autistic will **affect** them in different ways.

<http://www.autism.org.uk/>

Young people with ASD talk about their experiences.

<https://youtu.be/amTvBw-sbYU>

How does it feel to be a person with ASD?

- * "It feels great to see my friends, learning new stuff. When the teacher doesn't notice I need help, I get anxious. I feel different because I'm getting different work. I'm fine but sometimes I wish I didn't have ASD."
- * It's quite difficult working in class; I feel confused at what people say. It's tricky to make friends - hard to know what they are talking about. Sometimes I go along with the conversation but I don't know what they're talking about."

How does it feel to be a person with ASD?

- * "It's safer to talk to adults. I struggle working in groups; it's better when the teacher chooses the group. On the bus I will sit on my own or I'll move if someone sits next to me."
- * "It's hard to explain. It's like there's two bits of you... I can manage quite well but sometimes I don't and I just lose control and the mean bit takes over."

How does it feel to be a person with ASD?

"What would you like for Christmas?"

" Just one day without autism"

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What is autism?

Autism is a lifelong, developmental disability that affects how a person communicates with and relates to other people, and how they experience the world around them.

This section explains some of the different names for autism and **related conditions**, and provides information about **gender**, discussions about **causes** and current **research**.



<https://youtu.be/d4G0HTIUBII>

