
BROUGHTON HIGH SCHOOL SPECIALIST DANCE



INFORMATION BOOKLET

2023-2024

BROUGHTON HIGH SCHOOL

THE CITY OF EDINBURGH DANCE SCHOOL



Pre-vocational Dance Course

Broughton High School offers its pupils the unique opportunity of receiving specialist dance tuition alongside the mainstream secondary curriculum. Entry on to the course is by audition only. The application form can be found on the school website. Along with the application form we ask for a copy of their most recent school report card. Your child will then be invited to an initial preliminary audition, if successful they will be invited back for a second and final practical audition. Following this there may be parental interviews before formally being offered a place on the dance course. During the auditions students will participate in a practical class led by staff from the specialist dance school. The class will involve ballet, jazz and contemporary. Everything that the students will be asked to do will be taught on the day. Successful students will be selected for their enthusiasm for dance, allied to flexibility, musicality, creativity and potential.

The training that your child will receive at Broughton High School is designed to supplement their current training – all students are advised and encouraged to remain at their current private dance school.

In S1/2 the pupils are timetabled for dance classes for a minimum of six periods a week. The dancers will be extracted from non-core subjects to allow this to happen. Pupils will study Ballet, Jazz, Contemporary, Commercial, Choreography, History of Dance and Dance Appreciation. In S2 they will undertake SQA National Progression Award (NPA) at Level 5, in S3 they will progress onto SQA National 5 Dance, Higher in S4, and HNC Professional Dance Performance and or Dance Artist in S5. They now also have the option to

study HND Professional Dance Performance in S6. Broughton is one of only four schools in Scotland where students can gain an HNC qualification in dance before leaving school and the only school in Scotland where they can gain an HND in dance by the end of school and embarking on their chosen career. All students to date have completed the course with an 'A' for their Graded Unit. This is a fantastic achievement for students at such an early stage in their training.

Throughout the course there are regular opportunities to work with guest teachers and choreographers, many of whom are currently involved in the professional dance world. All the pupils participate in the annual school choreography competition, various small-scale performances and the main summer production. Students are always in high-demand to perform at a variety of events.

Every year the students participate in the Edinburgh Schools' Dance Competition and have won the overall awards for both the Junior and Senior sections.

As well as performing in shows, students are expected to widen their knowledge and understanding of dance by going to watch dance performances at the theatre. There will be performances that we will go and see as a group - by doing this we will get the tickets at a more affordable price.

Many of the students who progress through the Dance School go on to further education in dance.



FACILITIES

Broughton High School has fantastic purpose-built Specialist Dance facilities which are state of the art. The dance studios are comparable to, if not superior to those found in many full-time vocational dance schools. The dance studios both have built-in sound systems, barres and sprung floors. There is also a dedicated classroom for all contextual studies and three performance areas. The dance students have access to an air-conditioned fitness suite which is equipped with up-to-date CV and weight machines.



CURRICULUM

S1 and S2

Students study in all curriculum areas over the 3 years of the broad general education and have a minimum of 6 periods in their chosen specialist subject. Some of this time will be taken from core PE and Interdisciplinary learning. In addition, another 2 periods are required. The lessons that they will be extracted from will not be core subjects and in the event that a student does have to miss a period of a core subject we will consult with students and parents and where necessary we will work with the class teacher to set up a buddy system to ensure that they stay up to date with all of their class work. They will not miss the same subject twice. All students must keep up with their class work in all subjects or their class teacher will inform us, and it may mean that they will come out of dance to catch up on any work that they have fallen behind with.

In S2 students will study SQA National Progression Award (NPA) at Level 5, in preparation for National 5 Dance in S3 and Higher Dance in S4.

It is now compulsory that all students attend Royal Academy of Dance (R.A.D) Ballet classes out with school hours. This may be at their own private dance school if R.A.D ballet classes are offered or through the school on a Friday afternoon.

S3 and S4

Pupils that continually work hard in all classes throughout S1 and S2 will be advised that they can progress into S3 Dance. In S3 pupils will select dance as one of their ten subjects and will be timetabled for dance, they will not miss any of their chosen subjects. As well as these periods of dance students will also have dance during core PE, RMPS and PSE, allowing them to have six-eight periods of dance in S3 and S4. In S3 pupils will follow the SQA National 5 Dance Course and upon successful completion progress onto Higher Dance in S4.

S5 and S6

Following successful completion of Higher Dance pupils will gain access to the HNC Professional Dance Performance depending on practical and academic ability. HNC Professional Stage Dance can be completed over one or two years depending on practical and academic ability. It will equip students with the necessary skills for auditioning for full-time training in dance. Successful completion of HNC with an A for the graded unit as well as exceptional levels of technical and academic application will allow the students to progress onto HND Professional Dance Performance in S6.

NATIONAL PROGRESSION AWARD (LEVEL 5)(S2)

Entry

Students will be accepted onto the course based on their progress and commitment throughout S1, or by audition. It is expected that all students progress from S1 into S2.

Units

The National Progression Award (NPA) in Dance at SCQF level 5 is an introductory qualification in Dance in which candidates explore choreography and gain an appreciation of dance skills and techniques. It allows candidates to develop knowledge, understanding and skills in choreography and two different styles of dance selected from Classical ballet, Contemporary, Jazz and Alternative (commercial, hip hop, highland, world dance). Students will also research and analyse dance styles and practitioners, putting their learning into context.

At this level all the work is assessed internally, over the course of the year, with no formal exam to sit at the end. Each of the component units of the course is designed to provide progression to the corresponding units at National 5. Choreography is a compulsory unit, and as well as two dance techniques. The course incorporates practical and theory therefore is a good progression to National 5 Dance in S3.

Dance: Technical Skills

Dance techniques will be explored practically and developed in two contrasting dance styles before being applied in choreographed sequences. For assessment students will demonstrate their abilities in 2 different dance genres through class work and solo performances, as well as undertaking an investigation into the history and development of the dance styles, influential practitioners and dance works in the chosen styles. This can be through written tasks, creating a visual mood board or as a verbal/practical presentation.

Dance: Choreography

Students will develop their knowledge and understanding of a range of choreographic devices and structures through workshops to develop their creative process. They will create short choreographed sequences for assessment, and develop their leadership and communication skills through working with their peers and fellow dancers. They will also learn how to appreciate the impact of theatre arts on choreography and performance, and to analyse and appreciate professional performance.

Progression

This Course or its Units may provide progression to:

- National 5 Dance
- Further study, employment and/or training

NATIONAL 5 DANCE (S3)

Entry

Students will be accepted onto the course based on their progress and commitment throughout the NPA Level 5.

The course assessment includes 3 components: technical skills (35%), practical activity (45%) and question paper (20%).

The course has an integrated approach to learning that develops practical and evaluative skills, knowledge and understanding of technical dance and performance and choreographic skills. Candidates learn how to evaluate their own work and the work of others and use this knowledge to inform and influence their own creative thinking and performance. Candidates experiment with a range of choreographic principles and consider the impact of theatre arts on performance. They also explore the origins of dance.

Choreography

Candidates respond to stimuli using imagination and creativity, conveying thoughts, meanings and ideas through movement. They learn how to apply choreographic principles to enhance intention. They also apply problem-solving skills to create and deliver choreography. Candidates evaluate the work of professional choreographers to help explore and develop their own choreographic ideas. For the external exam, candidates will choreograph a duet for two dancers, excluding themselves based on a theme of their choice and apply choreographic principles to show their theme and intentions throughout their choreography.

Technical skills

Candidates benefit from the experience of learning specific dance techniques and use these to develop a range of technical skills as a dancer. For the external exam, candidates will learn and perform a tutor choreographed solo which best meets their strengths as a dancer.

Progression

This Course may provide progression to:

- ◆ Higher Dance in S4
- ◆ further study, employment and/or training

HIGHER DANCE (S4)

Entry requirements

Students should achieve an 'A' for National 5 Dance to progress onto Higher Dance. Only in exceptional circumstances if an 'A' is not achieved and the student is still very keen to study Higher Dance their application and performance throughout National 5 and the final exam will be analysed and discussed with their parents before making the right decision for the student.

The course assessment has 3 components: Performance (40%), Practical Activity (30%) and a Question Paper (30%).

The course inspires and challenges candidates by giving them the opportunity to create, appreciate and perform dance. Candidates use knowledge and understanding of dance techniques and choreographic skills to inform practice and develop skills in appreciating and evaluating dance practice and theatre arts.

Candidates learn how to use dance techniques and choreography creatively to enhance performance. They experiment with a range of dance styles and learn how to apply them to enhance their own performances and the performances of others. Candidates also explore the use of theatre arts in dance.

The course enables candidates to:

- develop a broad range of technical dance skills
- evaluate technical and performance skills in their own work and that of others
- understand and apply the principles of safe dance practice
- demonstrate, understand and apply knowledge of a range of choreographic principles and theatre arts to create a dance for a group
- work imaginatively and demonstrate creativity through problem solving, critical thinking, analysis and reflective practice
- co-operate, support and work with others
- consider how theatre arts can enhance a performance
- develop knowledge, understanding and appreciation of dance practice
- analyse the use of theatre arts in a professional choreography
- evaluate the impact of choreographic principles used in a professional dance

The external exam for Higher Dance, requires candidates to perform, two tutor choreographed solos in contrasting dance styles and to present a choreography for a minimum of three dancers, excluding themselves and based on a theme of their choice. They will apply choreographic principles as well as music and theatre arts to help them to communicate their theme and intentions throughout the choreographed dance.

Progression

This Course may provide progression to:

- HNC Professional Dance Performance
- Further study, employment and/or training

HNC PROFESSIONAL DANCE PERFORMANCE (S5/6)

Entry Requirements

Candidates should have an 'A' at Higher in Dance plus National 5 English. Students must show enthusiasm, dedication, aptitude and a determination to develop as a performer. Students must be at RAD Intermediate Level in Ballet. Students will be accepted onto the course based on their progress, technical ability and commitment.

HNC Professional Dance Performance Course Description

The course will enable dancers to take responsibility for their own professional development and assist them with audition techniques and professional conduct. It will enhance their prospects in either further education or employment. The HNC Professional Dance Performance will equip students with the knowledge and skills professional dance performers need to succeed in several areas within the modern performance industry. Students will need to achieve 12 SQA credits to achieve a full HNC in Professional Dance Performance.

HNC Professional Dance Performance Units

- Classical Ballet Techniques 1
- Jazz Dance Techniques 1
- Dance Technique for Commercial Performance 1
- Choreographic Skills
- An Introduction to Performance & Production
- Anatomy and Injury Prevention for Dancers
- Professional Dance Performance: Graded Unit 1

*At least one other mandatory unit will also be studied to allow for students to achieve the full qualification.

Course Assessment

There is an element of self-directed study, with many of the units requiring log books and evaluations as well as practical assessments. There will be written course work and an exam for the Anatomy and Injury Prevention for Dancers unit. All written assignments will assist pupils in gaining professional knowledge allowing student to consolidate theory and practical skills.

Progression

Dance is an integral part of the theatre and through this course we aim to develop pupil's technical performance skills to a high standard in jazz, ballet and commercial techniques. Students will also gain an understanding of both theory and development of the human body and dance appreciation. It will teach pupils to work effectively with fellow performers, directors, choreographers and technical staff. The HNC Professional Dance Performance course will prepare students with the skills and discipline that will allow them to progress into further education or a performance career in dance or musical theatre.

HNC DANCE ARTIST (S5/6)

Entry Requirements

Candidates should have an 'A' at Higher in Dance plus National 5 English. Students must show enthusiasm, dedication, aptitude and a determination to develop as a performer. Students will be accepted onto the course based on their progress, technical ability and commitment.

HNC Dance Artist Course Description

This HNC Dance Artists course is aimed to further develop your skills and demonstrate your suitability for professional dance training. The aim of the course is to provide you with the skills required to find help you progress towards full time training in dance in a highly competitive industry where equal importance is placed on teaching, choreography and performance.

The units that you will study will include:

- Classical Ballet Techniques 1
- Jazz Dance Techniques 1
- Contemporary Dance Techniques 1
- Dance: Choreographic Skills
- Body Conditioning
- An Introduction to History of Dance
- Anatomy and Injury Prevention for Dancers
- Dance Artist: Graded Unit 1

Course Assessment

There is an element of self-directed study, with many of the units requiring log books and evaluations as well as practical assessments. There will be written course work and an exam for the Anatomy and Injury Prevention for Dancers unit.

All written assignments will assist pupils in gaining professional knowledge allowing student to consolidate theory and practical skills.

Progression

Dance is an integral part of the theatre and through this course we aim to develop pupil's technical performance skills to a high standard in jazz, ballet and contemporary techniques. Students will also gain an understanding of both theory and development of the human body and dance appreciation. They will gain an insight into teaching skills as well as body conditioning and how to create a training programme to develop areas of weakness. It will teach pupils to work effectively with fellow performers, directors, choreographers and technical staff. The HNC Dance Artist course will prepare students with the skills and discipline that will allow them to progress into further education or a teaching, choreography, or performance career in dance.



HND PROFESSIONAL DANCE PERFORMANCE (S6)

Entry Requirements

Candidates should have an 'A' at Higher Dance, an A at HNC Professional Dance Performance and Higher English. They should also be studying RAD Advanced 1/2 Ballet or equivalent at their private dance school. Entry onto this course will be by invite only based on application and attainment throughout S5. Students must show enthusiasm, dedication, aptitude and a determination to develop as a performer. Students will be accepted onto the course based on their progress, technical ability and commitment.

HND Dance Performance Course Description

The HND in Professional Dance Performance (SCQF level 8) builds on the knowledge and skills of the HNC and it is also designed to develop and advance dance performance through working knowledge of the processes involved in preparing for audition.

The units that you will study will include:

- Classical Ballet Techniques 2
- Jazz Dance Techniques 2
- Dance Technique for Commercial Performance 2
- Contemporary Dance Techniques 2
- Advanced Performance and Production
- Audition and Portfolio for Dance
- Dance: Contextual Studies
- Body Conditioning Advanced
- Professional Dance Performance: Graded Unit

Course Assessment

There is an element of self-directed study, with many of the units requiring log books and evaluations as well as practical assessments. There will be written course work and an internal exam for the Graded Unit 2. The Graded Unit for this course requires students to study two contrasting dance styles and for each to select a specific influential choreographer. They will then choreograph and perform two solos that will be influenced by their research and by the work of their chosen choreographer.

Progression

Students who successfully complete an HND at school will be well equipped to progress into further training in the performing arts or into further study at college or university.

CLASS RULES

Students should always bring the correct dancewear for each class. If they forget any part of their uniform, they will be marked on the register with a 'K'.

Students should arrive in the dance studio, changed into the correct dancewear, within eight minutes of the bell for the start of the lesson. Otherwise they will be marked as being LATE (L) on the register. Depending on what time they arrive at class they may not be allowed to participate and may be given alternative written work relating to the lesson.

If either of the above happens three times in one term a cause for concern letter will be sent home because the students' commitment and dedication will be questioned, and they will have fallen behind in the work of the class.

- All valuables should be brought into the dance studio and placed in the valuable box.
- Bare feet or appropriate footwear should be worn in each dance class. Socks will not be permitted.
- All hair should be tied back from the face.

Specialist students at Broughton High School are looked upon as role models and as such must adhere to general school expectations relating to attendance, behaviour and effort. If these standards are not upheld then students could lose their place on the programme.

While in the dance school we will always expect the best behaviour, work ethic and commitment from all students. However, in the unlikely event that this does not happen and there are any incidents of misconduct either within dance or around the school, or when representing the school - students will be issued two written warnings and each time they will miss all their school dance classes for one week. Following a third warning they will be excluded from the dance programme.

TEACHING STAFF 2022 - 2023



Curriculum Leader of Dance:

Mrs McAdam

Contemporary, Choreography, Yoga:

Miss Day

Jazz, Ballet & Contemporary:

Ms Skene

Commercial, Jazz, Tap:

Miss S. Graham

Commercial, Jazz, Tap:

Miss L. Graham

P6/7 Young Performers Programme:

Ms Day

UNIFORM LIST

ALL CLOTHING MUST BE CLEARLY LABELLED TO AVOID IT GETTING LOST.

GIRLS UNIFORM LIST

Black leotard x2 (*TBC*)
Pink Convertible Ballet tights x2
Pink Canvas Split Sole Ballet Shoes
Black footless contemporary tights
Bloch Black Slip on split sole Jazz shoes
Foot thongs are optional for contemporary
Kirby's, hair bobbles, bun nets

BOYS UNIFORM LIST

White short sleeved leotard
Black cotton short sleeved leotard
Black cotton footless ballet tights x2
Black cotton trousers or shorts
Long white ballet socks
White canvas ballet shoes

DANCE SCHOOL ZIP UP JUMPER – Dance Shop <https://thedanceshopedinburgh.com/>

WHAT TO WEAR TO DANCE CLASSES

BALLET

GIRLS

BALLET LEOTARD
PINK CONVERTIBLE BALLET TIGHTS X2
CANVAS SPLIT SOLE BALLET SHOES
KIRBIE GRIPS, BOBBLES & BUN NETS
HAIR IN A BALLET BUN

BOYS

WHITE SHORT SLEEVED LEOTARD
BLACK COTTON FOOTLESS BALLET TIGHTS
LONG WHITE BALLET SOCKS
WHITE CANVAS BALLET SHOES

CONTEMPORARY

GIRLS

CONTEMPORARY/ JAZZ LEOTARD
BLACK CONTEMPORARY TIGHTS/LEGGINGS
*BARE FEET OR NUDE FOOT THONGS

BOYS

BLACK COTTON SHORT SLEEVED LEOTARD
BLACK LEGGINGS

JAZZ

GIRLS

CONTEMPORARY/ JAZZ LEOTARD
BLACK CONTEMPORARY TIGHTS
BLACK SLIP ON SPLIT SOLE JAZZ SHOES

BOYS

BLACK SHORT SLEEVED LEOTARD (SAME AS
CONTEMPORARY)
BLACK COTTON TROUSERS or shorts
BLACK JAZZ SHOES