Your voice matters. Make it heard by joining

Neuropoint

mindroom

A group of **neurodivergent young people** aged 16 to 25 who want to make a meaningful change to the lives of their peers.

Why should I get involved?

- **To make a difference** in the lives of neurodivergent children and young people.
- **To connect** with other neurodivergent young people living in Scotland and make a lasting impact.
- **To share** your insights and experience in a friendly and comfortable environment.
- **To grow** new skills.
- **To be part of a solid community** that understands and welcomes you.

The Salvesen Mindroom Centre. Registered Scottish Charity: SC030472
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How does it work?

- The group has a **friendly, inclusive and understanding** atmosphere, and gives you the opportunity to socialise at each session.
- The group meets online (Teams) the **first Wednesday of every month** from 6 to 7.30 pm.
- A **list of topics to be discussed** in the meeting (an Agenda) will be sent in advance by email.
- The meeting will start with a **social time** to welcome all members, share news and catch up.
- There will be time for anybody who wishes to **share their ideas or thoughts**.
- There will be a **short break** in each session.
- Together, the group will **help in the development of new services and resources**. We will guide professionals to make decisions for neurodivergent children and young people.

Get in touch

For more information about Neuropoint or to join the group:

Phone or text 07341 264 045

Email sima@mindroom.org

Website www.mindroom.org