WEEK 1 MENU

FOOD UNION

	CHOICE One	CHOICE Two
MON	RICE BOX **Chicken Tikka** and Wholegrain Rice + Chota Naan Served with Vegetables + Salad	RICE BOX **Burmese Biryani** (V) and Wholegrain Rice + Chota Naan Served with Vegetables + Salad
TUE	FAVOURITES **Beef Lasagne** and Garlic Doughballs Served with Vegetables + Salad	FAVOURITES **Vegetarian Lasagne** (V) and Garlic Doughballs Served with Vegetables + Salad
WED	STREET FOOD **Love Joes Mexican Chicken Burrito** and Spiced Sweet Potato Wedges Served with Vegetables + Salad	STREET FOOD **Mexican Veggie Burrito** (V) and Spiced Sweet Potato Wedges Served with Vegetables + Salad
THUR	BURGER BAR **Chicken Tikka Burger** with Cajun Wedges Served with Vegetables + Salad	BURGER BAR **American BBQ Mac and Cheese burger** (V) with Cajun Wedges Served with Vegetables + Mixed Salad
FRI	GRAB & GO	

GRAB & GO options

AVAILABLE DAILY:

PANINIS

Selection of fillings available daily (V)

PASTA + SAUCES

Herby Tomato Pasta (V)

FRESHLY BAKED PIZZA

Margherita Pizza (V)

SOUP AND BREAD

Tomato and Basil Soup (V)

JACKET POTATO AND TOPPINGS

Baked Beans (V)

Cheese (V)

Tuna Mayo

Salmon Mayo

SALADS

Selection of fillings available daily

SANDWICHES, BAGUETTES +WRAPS

Selection of fillings available daily

Nutritionist's Choice (V) Vegetarian Oily fish Wholegrain

Our menu is subject to change.

WEEK 2 MENU

FOOD UNION

	CHOICE One	CHOICE Two
MON	RICE BOX **Chicken Katsu Wrap** and Garlic and Herb Wedges Served with Vegetables + Salad	RICE BOX **Tex Mex Bean Burrito** V and Garlic and Herb Wedges Served with Vegetables + Salad
TUE	CLASSICS **Chicken Pea Pasta Bake** Served with Vegetables + Salad	CLASSICS **Loaded Tagine Pitta** V and Spiced Sweet Potato Wedges Served with Vegetables + Salad
WED	STREET FOOD **Buffalo Chicken** And Spicy Sweet Potato Wedges Served with Ranch, Vegetables + Salad	STREET FOOD **Urban Vegan Dog** V And Spicy Sweet Potato Wedges Served with Vegetables + Salad
THUR	FAVOURITES **Battered Fish** Served with Chips, Baked Beans + Vegetables	FAVOURITES **Katsu Dippers** V Served with Chips, Baked Beans + Vegetables
FRI	GRAB & GO	

GRAB & GO options

AVAILABLE DAILY:

PANINIS

Selection of fillings available daily V

PASTA + SAUCES

Herby Tomato Pasta V

FRESHLY BAKED PIZZA

Margherita Pizza V

SOUP AND BREAD

Tomato and Basil Soup V

JACKET POTATO AND TOPPINGS

Baked Beans V

Cheese V

Tuna Mayo

Salmon Mayo

SALADS

Selection of fillings available daily

SANDWICHES, BAGUETTES +WRAPS

Selection of fillings available daily

Nutritionist's Choice V Vegetarian Oily fish Wholegrain

Our menu is subject to change.

FOOD UNION

WEEK 3 MENU

	CHOICE One	CHOICE Two
MON	CLASSICS **Double Beef Burger** and Garlic and Herb Wedges Served with Vegetables + Salad	CLASSICS **Beetroot and Feta Burger** (V) and Garlic and Herb Wedges Served with Vegetables + Salad
TUE	RICE BOX **Jerk Chicken** And Rice and Peas Served with Vegetables + Salad	RICE BOX **Mixed Bean Chilli Tortilla with Crunchy Tortilla** Served with Vegetables + Salad (V)
WED	STREET FOOD **BBQ Chicken Burrito** Served with Vegetables + Salad	STREET FOOD **Moroccan Spiced Vegetable Pitta** (V) Served with Vegetables + Salad
THUR	FAVOURITES **Southern Fried Chicken Goujons** Served with Chips, Baked Beans, Peas + Salad	FAVOURITES **Cheese and Onion Slice** (V) Served with Chips, Baked Beans, Peas + Salad
FRI	GRAB & GO	

GRAB & GO options

AVAILABLE DAILY:

PANINIS

Selection of fillings available daily (V)

PASTA + SAUCES

Herby Tomato Pasta (V)

FRESHLY BAKED PIZZA

Margherita Pizza (V)

SOUP AND BREAD

Tomato and Basil Soup (V)

JACKET POTATO AND TOPPINGS

Baked Beans (V)

Cheese (V)

Tuna Mayo

Salmon Mayo

SALADS

Selection of fillings available daily

SANDWICHES, BAGUETTES +WRAPS

Selection of fillings available daily

Nutritionist's Choice (V) Vegetarian Oily fish Wholegrain

Our menu is subject to change.

FOOD UNION

WEEK 4 MENU

	CHOICE One	CHOICE Two
MON	CLASSICS **Cottage Pie** And Gravy Served with Vegetables + Salad	CLASSICS **Vegan Cottage Pie** And Gravy Served with Vegetables + Salad
TUE	STREET FOOD **Butter Chicken** And Wholegrain Rice + Chota Naan Served with Vegetables + Salad	STREET FOOD **Chickpea and Tomato Masala** And Wholegrain Rice + Chota Naan Served with Vegetables + Salad
WED	RICE BOX **Thai Red Chicken Curry** And Rainbow Rice Served with Vegetables + Salad	RICE BOX **Satay Vegetable Noodles** Served with Vegetables + Salad
THUR	FAVOURITES **Battered Fish** Served with Chips, Baked Beans + Vegetables	FAVOURITES **Katsu Dippers** Served with Chips, Baked Beans + Vegetables
FRI	GRAB & GO	

GRAB & GO options

AVAILABLE DAILY:

PANINIS
Selection of fillings available daily

PASTA + SAUCES
Herby Tomato Pasta

FRESHLY BAKED PIZZA
Margherita Pizza

SOUP AND BREAD
Tomato and Basil Soup

JACKET POTATO AND TOPPINGS
Baked Beans
Cheese
Tuna Mayo
Salmon Mayo

SALADS
Selection of fillings available daily

SANDWICHES, BAGUETTES +WRAPS
Selection of fillings available daily

Fruity! Nutritionist's Choice Vegetarian Oily fish Wholegrain

Our menu is subject to change.